Creamy Squash Soup

This is the perfect comfort soup! Creamy and delicious, this soup goes great over a bed of fresh rice or toast some sour dough bread and dip it. Enjoy :).

Prep: 5 minutes Cook: 30 minutes

Servings: 35 minutes 3-4

Ready In:



Ingredients

4 cups squash (you can use any kind, I've tried butternut, acorn, yellow and zucchini and they are all very good)

- 1/2 white onion, minced
- 1 can coconut milk
- 1 tbsp curry powder
- 2 cloves garlic, minced
- 1 thumb ginger, minced
- 1 tsp Better Than Bouillon
- 2 cups water

Instructions

In your instant pot press the sauté function. Add in 2 tbsp of water and your onions and sauté for 5 minutes.

Cancel the sauté function and add in the rest of your ingredients.

Put lid on and seal the instant pot. Pressure cook for 20 minutes.

Once the soup is done let it pressure release naturally and then blend the soup until creamy with an immersion blender.

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