

Filling Oatmeal

Try out this super filling oatmeal recipe for breakfast!

Prep:
5 minutes

Cook:
10 minutes

Ready In:
15 minutes

Servings:
3



Ingredients

- 2 cups rolled oats
- 1 large zucchini, peeled and chopped
- 1 ripe banana
- 2 1/2 cups water
- 2 cups frozen or fresh berries
- 1 tsp vanilla extract
- 1 tsp cinnamon

Instructions

- 1 In your Instant Pot or similar electric pressure cooker, add in your zucchini, banana, oats, vanilla extract and water.
- 2 Set to manual high pressure (or pressure cook) and cook for 5 minutes.
- 3 Let the pressure naturally release, add in your berries. Top with cinnamon before serving.