## Carrot Cake Oatmeal

A filling and delicious way to get some veggies in your oatmeal.

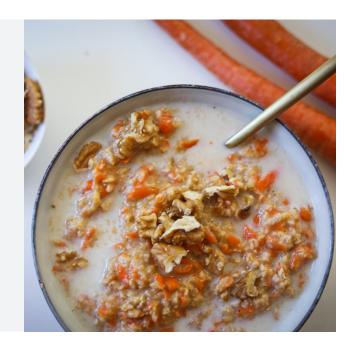
Prep: **5 minutes** 

Cook: **5 minutes** 

Ready In: **10 minutes** 

Servings:

1



## **Ingredients**

1/2 cup rolled oats

1 carrot shredded

1 cup water

1 tbsp walnut halves

1/4 cup plant milk

1/2 tsp vanilla

dash of salt

## Instructions

In a large saucepan add your water, oats carrot, vanilla and salt and bring to a boil. Reduce heat to a simmer, cover and cook about 5 minutes or until the oats have absorbed all the water.

Place in a bowl and top with walnuts, maple syrup and plant milk. This is also good with a little shredded coconut on top or use coconut milk as the milk for extra flavor.

